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Focus on family and food rings in the Chinese New Year

Louise Andre

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LOUISE ANDRE/TORONTO OBSERVER

Chef Winlai Wong (middle) shows Logan Haggard (left) and Alexander Zaleski (right) how to chop celery.

For Chef Winlai Wong, cooking is about more than just food.

On Saturday morning, Wong taught the [Growing Tastebuds](#) workshop to about 15 children at Toronto's [Evergreen Brick Works](#). She believes cooking is a way for families to bond.

it and say, 'whatever is fresh!' He was always obsess
ason," she said. "We don't buy for the next day, we b

manager for Evergreen programming, said Wong wa
workshop, part of larger Lunar New Year's festival an
former quarry and brick yard in Toronto's Don Valley.

with a Chinese chef that was well-known in the commu
she's a woman; there are a lot of male chefs out ther

from a Chinese background; her parents are from Ho

ace, so there is regional cuisine," she said. "I would s
; food is such an interesting way to get to know them



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